





REAL LIFE MAKEOVERS



Rosemary Shapiro-Liu, 53

"When I had a child at 46 my body changed dramatically. I'd been a dancer for many years, but my body changed to a more maternal, hourglass figure. My job requires speaking in front of large audiences, so I need to feel confident and comfortable with how my new body looks. Angela gave me some fantastic guidance. She taught me that small tweaks can have a big impact on the way you look. I never realised the length of sleeves, or necklines on tops, can make a huge difference to an outfit. What I've learned has changed my life forever.

Murray, 62

"I was diagnosed with multiple sclerosis in 1997 and have issues with my knees and feet, so I never gave much thought to what I was wearing. I hated my body and always wore baggy, black clothes. But Angela's given me the confidence to look at myself in the mirror. I now realise I don't have to be a size eight to look fabulous. I'm still on a high from the photoshoot. The ladies chosen were so kind and supportive of each other. Us old chicks rock!"

Marjorie Stamboulis, 64

"I used to wear the same old, drab clothes and was apprehensive about mixing and matching outfits. Now I get complimented a lot on what I wear and how I'm wearing it. I never wear much make-up or experiment with my hair, so it was all new. I learned that dressing or doing my hair in different ways can make me look like a whole new woman. The photoshoot was a great opportunity for me to showcase my new confidence, and a chance to meet some amazing women."

Jacqueline Mitrovits, 48

"I spent years in a corporate environment and wore dark suits every day. I had no idea how to do casual - I'd be in shops for hours wondering what to buy. Now I can dress for my shape it's much easier. I even wear coloured clothes, which I'd never have done before. My teenage daughter has even complimented my clothing - though as we're the same shoe size, I now find my shoes disappearing from my wardrobe!"



Karen Burke, 50

"I used to loathe clothes shopping. I could never find anything that fitted me properly. Now I'm buying and wearing clothes I'd never have looked at before! The 'Cinderella Day' was amazing. It was such a relaxed, luxurious experience. There were no egos in the room and it wasn't about having a perfect body or great looks. We were all just women from different backgrounds, and we embraced each other for who we are."



Judy Jones, 63

"Raising my daughter alone, I focused on work and family and never gave any time to how I looked. I was feeling drab and frumpy before I met Angela eight years ago. She's helped me recreate myself and build my self-esteem, which has changed my life in many ways. Our makeover day was so much fun. We were spoilt to bits! I recently overheard my daughter telling my grandchild: 'Granny looks after herself and she's beautiful.' I never thought I'd hear anyone talk about me like that!"

Sue Taylor, 55

I recently took early retirement after working in a corporate environment for more than 34 years. With a wardrobe full of officewear, I had no idea what to wear casually. I was in a style rut. Angela opened my eyes to casual fashion - and it's given me a new lease on life. You feel so much better about yourself when you feel confident about your clothes. Meeting other women from different walks of life was a lot of fun. We had a giggle. I wasn't even afraid to get in front of the camera."

Style queen Angela Barbagallo, 44

"Giving women more confidence in how they look filters through to their family, work and life in general. These ladies work hard to look after their families and their work, and this was a day for them to feel special, which they all deserved. I've seen such breakthroughs in confidence and happiness. It brings me so much joy that I was able to play a part in their journey, and see them blossom so beautifully."

Contact Angela at styleangel.com

Joy Pitts, 50+

"I run a successful executive coaching business, which has grown significantly in the past 12 years. The demands of the business mean my downtime is precious, and I'm selective about how I spend it. Normally I'd have said no if someone offered me a day out to be pampered — I've never done anything like this. But this time I said yes, and I'm so glad. I felt privileged to be part of this amazing group of women. They were all hugely inspiring, especially Angela."

Virginia Anania, 59

"What a fabulous day. It was lovely to feel pampered, and I really enjoyed meeting all the other ladies from all walks of life. I love clothes and make a lot of my own, so talking to the professionals about colours and styles was great. It's definitely given me a lot more confidence to go out shopping!"