



Angela Barbagallo (centre) with
Jacquie Mitrovits, Joy Pitts,
Virginia Anania, Sue Still, Karen
Bourke, Rosemary Shapiro-Liu,
Narelle Murray, Judy Jones
and Marjorie Stamboullis.
Picture: Craig Wilson

STYLIST GIVES WOMEN A CONFIDENCE BOOST

Kate Bastians

NARELLE Murray was so self-conscious about her body that she did not have a mirror in her house.

"I hated my body and I always wore baggy, mainly black clothes - I looked like the Vicar of Dibley," Ms Murray said.

But all that changed after seeing Tamarama stylist Angela Barbagallo, who not only helped her in an aesthetic sense by encouraging her to wear colour and fitted clothes, but also helped her career.

"It boosted my self-esteem by giving me confidence, which helped me in my career," said Ms Murray, a marriage celebrant. "Now I have double sliding mirror doors in my room, I have the confidence to go out on

dates and I know I don't have to be size eight to look fabulous."

Ms Murray was one of nine women, aged between 47-65 from all walks of life, who showed off their new-found confidence during a photo shoot last Thursday, organised by Ms Barbagallo.

"Giving women over 45 confidence in the way they look filters through in such a positive way to their family, work and life in general," Ms Barbagallo said.

"Every day I see examples of women who feel depressed about their body after child birth and menopause, which can cause a lot of stress and anxiety.

"I help them choose clothes which suits their body shape to give them the confidence to get their identity back."

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