

Sanctuary Point woman given confidence boost

9 Aug 2016, 3:30 p.m.

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CONFIDENT: Sanctuary Point resident Narelle Murray celebrated her newfound confidence in her body shape in front of the camera in recent weeks.

She's
woman

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Person

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a fabulous day to remember.

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Makeover transforms 'Vicar of Dibley'



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She's gone from a self-proclaimed Vicar of Dibley lookalike to a confident woman with a new lease of life.

Sanctuary Point resident Narelle Murray was one of nine Sydney women to celebrate her newfound confidence in her body shape in front of the camera in recent weeks.

Personal stylist Angela Barbagallo teamed up with a photographer, makeup artist and hair stylist in Sydney to give Ms Murray and the others a fabulous day to remember.

"I hated my body and I always wore baggy, mainly black clothes - I looked like the Vicar of Dibley," Ms Murray said.

The 62-year-old civil celebrant said the makeover has boosted her self-esteem and helped further her career.

"Before I couldn't look at myself in the mirror but now I have the confidence to go out on dates and I know I don't have to be size eight to look fabulous," Ms Murray said.

Ms Barbagallo said she enjoys helping women choose clothes to help their body shape and boost their confidence.

"Every day I see examples of women who feel depressed about changes in their body due to ageing, childbirth and menopause, which can cause much stress and anxiety," she said.

"I was so proud of Narelle looking so amazing and comfortable in front of the camera as I know how far she has come.

"It was such an honour to be a part of Narelle's style journey with her growing self esteem and confidence shining through so beautifully."

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